

BAILARINA

Dance solo to very few people.

I'm engaged in a research about movement very close to the audience. I'm preparing this at home, in an empty room and also in El Graner, Barcelona. I'm asking myself how I can move in a room, without special dance floor or lights, avoiding the theatrical packaging, been just a person with a dance background. I reclaim to do my job, a show, a small one, given to the audience what I was learning or not after many years performing. The solo checks several basic concepts: the roles between audience and performer, planning other ways of productivity, reducing cost, work it out ideas and coming back to dance and body performance.

BALLERINA is an album with words, movement sequences and objects

Some Notes

You walk like a penguin and you wear a wooden bench pine AOO SL Store
You move your legs slowly and would have sounded the theme Omega by swedish singer Molly Nilsson
You get on first what you find because you believe that this image is well
You're always a little nervous ... but ... well ... you have your tricks ... yeah ... and use them, of course

You move interestingly
No music
You fly. Flight 1
Like that. Light 2
Or maybe like that. Flight 3
Better like that. Flight 4
Find some comfortable positions ...
Do ... and while you're repeating inside ... Some comfortable positions ... Some comfortable positions ... Some comfortable positions
...

You look like an object
Nooooo an object nooo ... a small animal
Yes, a little animal!
A pink Phoenicopteriforme
...

You're not exactly a pink Phoenicopteriforme
... you are not be able to copy...
Is not easy been inaccurate...
... It is a matter of endurance, resisting drag and desires of the current review, having the strength to follow your own rhythm
...

Is it hot in here!
...

You stand stunned staring a very small object
...

You burn
...

You are looking stunned burning a very small object
Do you get shocked, but you burn
No, if you stay, you stunned burning
If you stunned burning, you do not stay

No, if you get stunned, you burn
No, you stay, you get burned and then you get stunned
That's right ...

...

Sing a capella theme " Getting an idea "

I am an idea, uuuuuuuuuu , I'm your idea uuuuuuu

I'm good, I'm great

I'll take you away from hearrrrr, how far you want

You will discover that world that you want...

I am your idea, I'm good and I'm cool

Do not go down, no no no no, do not go down , you'll be there ... high high high high

I am your idea , I'm good and I'm coollllll

...

You have no idea with a wand majorette

You have no idea with burnt wood fragrance freshener

You have no idea with ice tongs garish color designed by André Ricard en 1964

You have no idea with a replica revolver Pierre Soulage color, also known as the painter of black

You have no idea with a clear plastic bag and a mini bottle of artificial blood

You have no idea with an empty jar that smells like honey

You have no idea the Cubebot robot designed by David Weeks in 2010

You have no idea with mini fluorescent meter works

You have no idea with a revolver rule beech designed by Atypyk

You have no idea with imitation tartan scarf 100 % polyester

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ideas, texts and interpretation **Sonia Gómez** music selection **David Cauquil** sound editing **Manu Léonard** production
MOM - El vivero / Sonia Gomez - Marta Oliveres Coproduction **Festival TNT-Terrassa Noves Tendències/CAET and**
MOM-El Vivero/Sonia Gómez - Marta Oliveres premiere SEP'14 Festival TNT, Terrassa